



Soup small 4.25 | large 5.25

- CHICKEN NOODLE SOUP
- VEGETARIAN MINISTRONE
- BOWL OF CHILI topped with Mexican cheeses

Entree

CHEF SPECIAL

- CHICKEN FRANCAISE | 12.50
Served with Rice Pilaf and Fresh Seasonal Vegetables

DSC GRAIN BOWL MEXICALI BLUE BOWL | 10.25

- Crispy Pozole, Blue Cheese Polenta Croutons, Radicchio, Jicama, Radishes, Chopped Romaine and Cilantro Lime Vinaigrette Add Grilled/Blackened Chicken or Tofu for \$3.50; Shrimp \$5.50, Salmon for \$7.95 Tuna or Egg Salad \$3.50

CLIFFS DIET SPECIAL

- BLACKENED, TERIYAKI OR HERB GRILLED CHICKEN | 9.95
Grilled boneless breast of chicken served with brown rice and Fresh steamed seasonal vegetables
- SALMON | 12.50
Grilled Atlantic salmon served over brown rice + vegetables

Dessert

- COOKIES | 1.75/pack of two
Chocolate Chip, Harvest Oats, Coconut Pecan, Lemon Cooler
- BARS | 3.50
Brownies, Apple Caramel Bar, Lemon Bar, Pecan Bar, Coconut Nut Bar

MONDAY APRIL 16, 2018

Sandwiches

THE VENICE | 7.95

Capicola, Prosciutto, Mozzarella, Roasted Red Peppers with Creamy Pesto Sauce on a Wedge Roll

CALIFORNIA TURKEY | 7.95

Boars Head Turkey Breast with Fresh Avocado, Monterey Jack Cheese, Honey Mustard on 12 Grain

FRENCH CONNECTION | 7.95

Boars Head Black Forest Ham with Swiss cheese with Mesclun Greens and Country Style Mustard on a Pretzel Bread

SALACIOUS SRIRACHA | 7.95

Egg Salad, Rocket Arugula, Sriracha Sauce and Apple Wood Smoked Bacon on 12 Grain Toast

HOT SANDWICH OF THE DAY

SHRIMP PO BOY | 8.95

With Cajun Remoulade, Lettuce, Tomatoes, House made Pickles, Hot sauce on French Bread

Salads

ROASTY TOASTY | 9.25

Baby Arugula, Roasted Cauliflower, Roasted Brussel Sprouts, Toasted Almonds, Carrots, Pecorino Romano Cheese and Lemon Vinaigrette

GO GREEN KALE | 9.25

Fresh Marinated Chopped Kale with Broccoli, Edamame, Cucumber, Green Pepper, Blanched Green Beans and Red Onion, sprinkled with Shaved Asiago and served with Balsamic Vinaigrette

CREATE YOUR OWN SALAD BAR | 6.95/8.95

Add grilled/blackened chicken or tofu | 3.50;
Add shrimp | 5.50,
Add salmon | 7.95
Tuna or egg salad \$3.50

Drinks

- rise | 4.99
- nitro cold brew
- can soda | 1.60
- snapple | 1.60
- water | 1.60
- La Croix Seltzer | 1.60

Snacks

- DSC potato chips | 1.95
- Soundview trail mix | 2.95
- chocolate + yogurt pretzels | 2.50
- fruit salad sm. 3.5 lg. 6.75
- chobani yogurt | 3.50

Side Salad

- Toasted Quinoa Salad with Dried Fruit, Almonds, Citrus Honey Dressing, Mint Chiffonade | 3.50