



SOUNDVIEW/CATERING

SINCE 1988

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Wednesday, Sept 13th 2017

Homemade Soups

Small \$3.95 Large \$4.95

Golden Chorizo and Chick Pea Soup Bowl of Chili with Mexican Cheeses

Delicious Hot Entrée Specials

Chef Special Jamaican Yellow Curry Chicken with Coconut Rice and Peas Served with Fresh Seasonal Vegetables \$12.50

DSC GRAIN BOWL! Kale & Quinoa with Radish, Fresh Roasted Corn, Fried Chickpeas with Mexican Spices, House Pickled \$10.25
The Mayan Jalapenos, Black Beans and Diced Avocado with a Creamy Avocado Cilantro Mousse
Add Grilled/Blackened Chicken or Tofu for \$3.50; Add Shrimp \$5.50, Salmon for \$7.95 Tuna or Egg Salad \$3.50, Hard Boiled Egg \$1.50

Cliff's Diet Special Grilled Boneless Breast of Chicken, Your Choice of Herb Grilled, Teriyaki or Blackened, served with \$9.95
Brown Rice and Fresh Steamed Seasonal Vegetables (Gluten in Teriyaki Sauce Only; Dairy Free)

Cliff's Diet w/ Salmon Grilled Atlantic Salmon served with Brown Rice and Steamed Seasonal Vegetables (Gluten & Dairy \$12.50
Free)

Vegetarian Life Tofu Tikka Masala - Sautéed Tofu with Indian Spices, Sweet Green Peas and Chick Peas in Masala \$11.50
Sauce, served with Basmati Rice and Naan Bread (Gluten in the naan only)

Bountiful Fresh Salads

Add Grilled/Blackened Chicken or Tofu for \$3.50; Add Shrimp \$5.50, Salmon for \$7.95 Tuna or Egg Salad \$3.50

Create Your Own Salad We now offer a Fabulous Salad Bar! Every item you can imagine is there for you to design your own spectacular salad – including any items on the salad specials of the day. Have fun creating your perfect salad, and thank you for your patronage!

Salad Specials of the Day! Marinated Chopped Kale, Crisp Apple Slices, Roasted Beets, Crumbled Goat Cheese, Crunchy \$9.25
S-Kale Down Jicama & Chopped Seasoned Pecans With Our Pomegranate Ginger Dressing

Arugula Milanese Our Freshly Breaded Chicken Cutlet sliced and served over a Baby Arugula Salad with \$12.75
Marinated Chopped Tomatoes, Red, Yellow and Green Peppers, Fresh Mozzarella Pearls and Tomato Basil Vinaigrette

Gourmet Style Sandwiches

Add a Side Grain Bowl for \$3.50 Garden Salad or Caesar Salad for \$6.50 add DSC chips for \$1.95

Skinny Special Salsa Chicken Wrap with Lettuce, Cheddar Cheese and Fresh Homemade Salsa \$7.95

Avocado Munster Lettuce, Tomato, Mayo on 12 Grain \$7.25

David's Croissant Honey Maple Ham, Dill Havarti Cheese on a Croissant, Honey Mustard \$7.95

T.B.L.T. Fresh Roasted Turkey, Bacon, Tomato, Lettuce, Tomato, Mayo on 12 Grain \$7.95

The Prosecutor Roast Beef Frizzled Onions, Horseradish Sauce \$7.95

Chicken Caesar Wrap Romaine Lettuce, Parmesan Cheese, Caesar Dressing, & Grilled Chicken \$7.95

Side Salads: Sesame Noodle Salad—with Roasted Peanuts, Cucumber, Carrots and Thai Peanut Sauce \$3.50
Roasted Corn Tabbouleh—with Lemon Vinaigrette

Sides, Sweets & Treats:

DSC Homemade Potato Chips \$1.95

Skinny Pop Popcorn (Gluten Free) \$1.95

Drinks: RISE Nitro Cold Brew Coffee (No Sugar, No Dairy) \$4.99

Soundview Trail Mix \$2.95

Fruit Salad Sm \$3.50 Lg. \$6.75

Soda/Snapple/Water \$1.60

DSC Chocolate & Yogurt Covered Pretzels \$2.50

Fruit Parfait: Fresh Fruit Salad with Granola and Chobani Yogurt \$3.50

Polar Seltzer \$2.00

Fresh Baked Cookies & Dessert Bars Chocolate Chip, Oatmeal Raisin, Coconut Pecan, Toffee Crunch \$1.75 (2 per pack) **Bars:** Apple Caramel, Lemon, Pecan, Coconut Nut; Brownies \$3.50