



SOUNDVIEW/CATERING

SINCE 1988

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Thursday, October 12<sup>th</sup> 2017

**Homemade Soups**

Small \$3.95 Large \$4.95

Roasted Red Pepper Soup, Croutons, Chives Bowl of Chili with Mexican Cheeses

**Delicious Hot Entrée Specials**

<b>Chef Special</b>	<b>David's Octoberfest!</b> Knockwurst & Bratwurst, Sauerkraut, Brown Sugar Glazed Carrots, Egg Noodles & Sweet Bavarian Style Mustard	\$12.50
<b>NEW GRAIN BOWL!</b>	<b>Roasted Cauliflower &amp; Sweet Potato Buddha Bowl,</b> Baby Spinach, Fire Roasted Red Peppers, Basil Pesto, Quinoa, Toasted Pine Nuts, Maple-Balsamic Vinaigrette	\$10.25
<b>Cliff's Diet Special</b>	<b>Grilled Boneless Breast of Chicken,</b> Your Choice of Herb Grilled, Teriyaki or Blackened, served with Brown Rice and Fresh Steamed Seasonal Vegetables ( Gluten in Teriyaki Sauce Only; Dairy Free)	\$9.95
<b>Cliff's Diet w/ Salmon</b>	<b>Grilled Organic Norwegian Salmon</b> served with Brown Rice and Steamed Seasonal Vegetables (Gluten & Dairy Free)	\$12.50
<b>Vegetarian Life</b>	<b>Baked Eggplant Rollatini,</b> Tricolor Fusilli Pasta, Shaved Parmesan, Mozzarella Cheese, Basil & Tomato Puree with Sautéed Spinach	\$11.50

**Bountiful Fresh Salads**

**Add Grilled/Blackened Chicken or Tofu for \$3.50; Add Shrimp \$5.50, Salmon for \$7.95 Tuna or Egg Salad \$3.50**

<b>Create Your Own Salad</b>	We now offer a Fabulous Salad Bar! Every item you can imagine is there for you to design your own spectacular salad – including any items on the salad specials of the day. Have fun creating your perfect salad, and thank you for your patronage!	
<b>Salad Specials of the Day!</b>	<b>Fresh Marinated Chopped Kale with Broccoli, Edamame, Cucumber, Green Pepper, Blanched Green Beans and Red Onion,</b> sprinkled with Shaved Asiago and served with Balsamic Vinaigrette	\$9.25
<b>The Mezza Grilled Fattoush Salad</b>	Grilled Zucchini, Grilled Red & Yellow Peppers, Cubed Tomatoes, Cucumbers, Kalamata Olives, Parsley, Green Onions, Mint, Feta Cheese, All Tossed With Olive Oil, Lemon Juice, Cumin, & Grilled Pita Pieces	\$9.25

**Gourmet Style Sandwiches**

**Add a Side Grain Bowl for \$3.50 Garden Salad or Caesar Salad for \$6.50 add DSC chips for \$1.95**

<b>Skinny Special</b>	Lean Turkey Breast, Alpine Lace Swiss Cheese, Honey Mustard, Baby Arugula and Tomato on 12 Grain	\$7.95
<b>Hummus</b>	Our Fresh Hummus on a Whole Wheat Pita with Field Greens, Tomato & Cucumber	\$7.25
<b>The Elm Street</b>	Breast of Chicken Cutlet with Roasted Red peppers and Fresh Mozzarella on a Portuguese Roll with Balsamic Drizzle	\$7.95
<b>Veggie Egg Salad</b>	Fresh Egg Salad with Diced Red Peppers, Green Peppers, Celery, Lettuce, and Tomato on 12 grain	\$7.25
<b>Hot Sandwich:</b>	<b>Grilled Shrimp with Jicama-Lemon Slaw,</b> Kale and Remoulade Sauce on Tomato Wrap	\$8.95
<b>Captain Ahab</b>		
<b>Side Salads:</b>	<b>Grilled Corn &amp; Shaved Fennel Salad,</b> Scallions, Fire Roasted Peppers, Toasted Almonds, Chick Peas, Cilantro-Chipotle Vinaigrette	\$3.50
	<b>Israeli Couscous &amp; Greek Vegetable Salad,</b> Feta, Charred Cucumber, Baby Tomato, Olives, Marinated Mushrooms, Grilled Eggplant, Parsley & Lemon-Oregano Vinaigrette	

**Sides, Sweets & Treats:**

<b>DSC Homemade Potato Chips</b>	\$1.95	<b>Skinny Pop Popcorn (Gluten Free)</b>	\$1.95	<b>Drinks:</b>	<b>RISE Nitro Cold Brew Coffee (No Sugar, No Dairy) \$4.99</b>
<b>Soundview Trail Mix</b>	\$2.95	<b>Fruit Salad</b>	Sm \$3.50 Lg. \$6.75		<b>Soda/Snapple/Water \$1.60</b>
<b>DSC Chocolate &amp; Yogurt Covered Pretzels</b>	\$2.50	<b>Fruit Parfait: Fresh Fruit Salad with Granola and Chobani Yogurt</b>	\$3.50		<b>Polar Seltzer \$2.00</b>

**Fresh Baked Cookies & Dessert Bars** Chocolate Chip, Oatmeal Raisin, Coconut Pecan, Toffee Crunch \$1.75 (2 per pack) **Bars:** Apple Caramel, Lemon, Pecan, Coconut Nut; Brownies \$3.50